

A MONTANA SYSTEM OF CARE

The BASICS

What is a System of Care?

A system of care is a transformed process of planning for and delivering mental health services to families and youth. It is family and youth driven process that links them to formal and informal services and supports, organized into a coordinated network, to meet their multiple and changing needs. The following shifts in principles and values are required to develop a system of care:

From

Professional driven
Focus on deficits
Generic care plans
Limited systemic communication
Limited accountability
Ignoring culture
Treatment planning in silos
Treatment failures
Only professional interventions
Out of community

To

- Family and youth driven
- Focus on family strengths
- Individualized services & supports
- System is integrated & collaborative
- Outcomes monitored and used
- Culture is as strength
- Team based care planning
- Flexible, no fail approach
- Building interdependence through natural supports
- Community based supports

What is the state's responsibility for the development a system of care?

To provide for and encourage the development of a stable system of care, including quality education, treatment, and services for high-risk children of this state with multi-agency service needs. These children should be served in their homes or in the least restrictive and most appropriate setting for their needs, in order to preserve the unity and welfare of the family whenever possible. (52-2-301 MCA)